

November 8, 2015

32nd Sunday in Ordinary Time



Fr. Steve's Quotes for Consideration:

"Never relax, for you will not attain to the possession of true spiritual delights if first you do not learn to deny your every desire."

-St. John of the Cross (1542-1591)

You may remember that two weeks ago, my quote for consideration was from St. Paul's letter to the Corinthians, in which he spoke of athletes who deny themselves all kinds of things in order to attain a crown which will decay, but we Christians strive after the crown of eternal life in Heaven. So in that case, run the race of life so as to win, St. Paul exhorts us. In that bulletin article two weeks ago, I challenged us to consider that if we put a lot of time, money, energy, and effort into developing our sports skills or pursuing our favorite hobbies or interests, how much more time, money, energy and effort should we spend on our relationship with God and the Church, which has eternal significance. This week, I would like to speak more specifically about spiritual discipline, which is so vitally important, but so often neglected, especially in our modern world.

A key part of St. Paul's quote from 1 Corinthians 9:24-25 is to remind the Corinthians that part of living an authentic Christian life means developing spiritual muscles so to say, through spiritual exercise and discipline. The quote above from St. John of the Cross, one of the great mystics and spiritual writers in the history of the Church, expresses a similar sentiment in a different way. Certainly, in saying, "never relax," St. John is not wishing for us to take that literally- leisure, sport and relaxation are important to a healthy and wholesome life. What St. John is getting at is the spiritual *vigilance* that we should exercise in regards to our human desires, passions and will.

Often times, our culture tries to teach us that religion, like everything else, should be a matter of what feels good. However, this couldn't be farther from the truth: if we only pray, go to Mass, do good deeds, and live our faith when we feel like it, we will do these things seldom, and half-heartedly. We must never forget that the spiritual life is a *discipline*, which must be learned through repetition and practice. Remember, true and authentic love is not a feeling, but a choice, an act of the will. Growing deeper in our relationship with God means continuing to pray, go to Mass, do what is right, witness to the faith, even and perhaps especially when we don't feel like it. Why? Because then we are not doing it based on emotion, but on love- we are *choosing* to love God by committing to daily prayer, weekly Mass, loving acts towards those around us. By practicing spiritual discipline, we grow deeper and deeper in our relationship with God, who loves us unconditionally. God bless you! *Fr. Steve*

Adult Faith Formation Class will be held this upcoming Wednesday, November 18th at 6:45 p.m. in the Church basement. The class will be on the Sacrament of Marriage. All are invited and encouraged to attend

Eucharistic Ministry Training: We will be having a training session for all Eucharistic Ministers (both for Mass and for the home-bound) after each Mass during the weekend of November 14th & 15th. All Eucharistic Ministers, and those who would like to become one need to attend one of these sessions. The training will take around 30 minutes. There will be Prayer and Blessing of the Eucharistic Ministers on Sunday, November 22nd during the 11:00 a.m. Mass.

We are looking for a coordinator for the annual Christmas gift tree. Volunteers will be responsible for putting the gift suggestion tags on the Christmas tree, collecting the gifts and working with the area Christmas Coordinator to have them picked up. Please help with this important ministry, you call the parish office to volunteer.

A book of remembrance is available at the front of the church near the baptismal font. Feel free to add the names of your deceased loved ones, especially those who have died in the last year. Fr. Steve will offer a Mass for all those listed in this year's book on Monday, December 7 at 8:15 a.m.

Holy Spirit Catholic Church — 227 Third Street, Two Harbors, MN 55616

Parish Office Located in the Basement of the Church Office 834-4659 Rectory 834-4313 Church Hall 834-4659

E-Mail hspirit@outlook.com Parish Web Site www.holyspirittwoharbors.org

Youth Ministry 834-4433 Prayer Intentions 834-4659 Birthright 1-800-550-4900

Fr. Steve's E-Mail slaflamme@dioceseduluth.org Deacon Tim Egan 349-9175

Saturday	FIRST SATURDAY	11/07/15
3:30 p.m.	Reconciliation	
4:30 p.m.	Mass — <i>Intention for All Parishioners</i> Reader: Gloria Uremovich Plate: Deacon Tim Egan Chalice: Carol Anderson & Beth Egan Servers: Spencer Ross & to be assigned	
Sunday	32ND SUNDAY IN ORDINARY TIME	11/08/15
9:30 a.m.	Religious Education—Grades Pre, K-4	
11:00 a.m.	Mass — <i>Intention † Jessica Lifo</i> Reader: Confirmation Student Plate: Deacon Tim Chalice: Joanne Button & to be assigned Servers: Casey & Kaitlyn Underdale	
Monday	THE DEDICATION OF THE LATERAN BASILICA	11/09/15
	No Mass	
Tuesday	SAINT LEO THE GREAT	11/10/15
8:15 a.m.	Mass — <i>Intention † John Schaefer</i>	
9:00 a.m.	Prayer Shawl Ministry	
5:45 p.m.	Choir Practice	
Wednesday	SAINT MARTIN OF TOURS	11/11/15
6:30 p.m.	Religious Education—Grades 5-11	
Thursday	SAINT JOSAPHAT	11/12/15
8:15 a.m.	Mass — <i>Intention † Daryl Kalla</i>	
8:45 a.m.	Holy Hour with Exposition	
Friday	SAINT FRANCES XAVIER CABRINI	11/13/15
8:15 a.m.	Mass — <i>Intention † Harold Lewis Wilson</i>	
Saturday	WEEKDAY IN ORDINARY TIME	11/14/15
3:30 p.m.	Reconciliation	
4:30 p.m.	Mass — <i>Intention for All Parishioners</i> Reader: Paulette Moreland Plate: Liz Scheidt Chalice: to be assigned Servers: Karly Fleischer & Megan Larson	
Sunday	33RD SUNDAY IN ORDINARY TIME	11/15/15
9:30 a.m.	Religious Education—Grades Pre, K-4	
11:00 a.m.	Mass — <i>Intention † John Schaefer</i> Reader: Harold Ek Plate: Linda Hoffman Chalice: Laura Lien & Jeannie Shaw Servers: Ethan Bopp & Jasmyn Uremovich	



Prayer Shawl Ministry

Holy Spirit's Prayer Shawl Ministry Group is an informal group who crochets and knits tangible signs of their prayers for others. *New people are always welcome to join us.* We will meet on **Tuesday, November 10th at 9:00 AM** in the church hall.

† **PARISHIONERS:** Please pray for Arthur Barthman, Florian Burger, Ron Kor and Ron Ostendorf .

† **FRIENDS & RELATIVES:**

Please pray for Al Aldinger, Patty Amitrano, Bill Carlson, Kathleen Despiegler, Fr. Ben Hadrich, Patty Harrison-Isakson, Fred LeBlanc, Ray Weeks and Roy Watson.

† **MILITARY PERSONNEL:** Please pray for Garrett Aho, Nate Berger, Keith Dahl, Ryan Ray, James Mickle and Christopher Uremovich.



Prayer Requests: Please call the church office if you'd like to submit a prayer request; these requests will run for 3 weeks. If continued prayers are needed after that time, prayer requests can always be renewed by calling the church office 834-4659.

Youth Happenings

Check out our Youth Bulletin Board

"Like" us on Facebook: Holy Spirit Youth Group

Thanksgiving Baskets: Once again we are asking parishioners to donate a turkey for our Thanksgiving Dinner Baskets that we donate to families within our parish and community. Please call Connie; 834-4433 if you are able to donate. Students are also asked to donate the following items:

Pre-K: Cool Whip, **1st Grade:** stuffing and black olives, **2nd Grade:** canned corn and canned sweet potatoes. **Grades 3 & 4:** rolls, **Grades 5 & 6:** celery and carrots, **Grades 7 & 8:** pumpkin pie or ingredients to make one, **Grades 9-11:** 5# bag of potatoes. Please brings these items to church by Sunday, November 22nd before 10 a. m. Thank you in advance!

The Children's Christmas program will be on Saturday, December 19th at 7:00 p.m. All are welcome, with fellowship to follow.

TOBIT (Theology of the Body for Teens) Camp is open for registration. The dates are January 15-17th at Big Sandy Camp in McGregor, MN. Please contact the parish office to register .

Last Week's Contributions

Weekend Collection	\$3,050.00
Bldg. Fund.....	\$760.00
UCA.....	\$517.00
Catholic Campaign for Human Dev.	\$20.00

UCA - 75%
\$18,623.00 of \$24,897.72